

## Theories of personality

Feist, Jess, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=106244&lokasi=lokal>

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### Abstrak

Provides a comprehensive foundation on the nature of personality theory, as well as its contributions to science. This book encompasses a biographical sketch of each theorist, related research, and applications to real life. It also presents sections on topics such as ego identity, gender studies, mindfulness and self-actualization.