

Pengaruh pemberian paket pendidikan kesehatan perawatan ibu nifas (PK-PIN) yang dimodifikasi terhadap pengetahuan, sikap dan perilaku ibu postpartum primipara dalam merawat diri di Palembang = The Effect of health education postpartum care package (PK-PIN) which have been modified on knowledge, attitude and behavior for selfcare among postpartum primipara in Palembang 2010

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Abstrak

ABSTRAK

Angka Kematian Ibu (AKI) di Indonesia sampai sekarang masih tetap tinggi. Salah satu penyebabnya karena komplikasi pada masa nifas. Tujuan penelitian ini untuk melihat pengaruh paket pendidikan kesehatan perawatan ibu nifas (PK-PIN) yang telah dimodifikasi dengan desain quasi eksperimental post test only design with control group yang diukur dengan melihat tingkat pengetahuan, sikap dan perilaku merawat diri ibu postpartum primipara. Hasil riset menunjukkan perbedaan yang bermakna antara kelompok intervensi dan kelompok non intervensi pada pengetahuan, sikap dan perilaku responden. Pelayanan keperawatan di rumah sakit hendaknya menggunakan paket PK-PIN yang dimodifikasi sebagai program intervensi keperawatan mandiri bagi ibu postpartum.

ABSTRACT

Maternal Mortality Rate (MMR) in Indonesia is still high. One of the cause this situation is a complication during postpartum period. The aim of research is to know the effect of health education package for mother in postpartum period (PK-PIN) which have been modified. Research design was quasi experimental with post test only control group to measured the knowledge, attitude and behavior of self care of postpartum primipara mother's. Sample number were 68 mother for each group control and intervention. The result showed there is significant difference between intervention group and control group on knowledge, attitudes and behavior of self care. Nursing service in hospital should be used PK-PIN which have modified a health education package as an independent nursing intervention program for postpartum.