

## The psychology of driving

Hole, Graham, author

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### Abstrak

Road accidents are the major cause of death and injury among young people in the developing world, and the field of psychology can offer great insights into the many factors that are at play when we get behind the wheels of our cars. Based on data collected around the world on drivers of all age groups, Graham Hole provides an up to date picture of the realities of driving, including visual perception issues, cell phone distractions, fatigue, drugs, and the effects of aging. These insights can help explain why we crash, as well as how we achieve the amazing feat of not crashing more oft