

## Pengaruh kontrasepsi oral microgynon 30 ed dan noriday terhadap lipid darah

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### Abstrak

#### <b>ABSTRACT</b><br>

The lipid metabolism in a group of Indonesian women using oral contraceptive Microgynon 30 ED ( 0,15 mg norgestrel + 0,03 mg ethyl estradiol ) and Noriday ( 1 mg norethindron + 0,05 mg megestrol ) was monitored in 12 months. Triglycerides, Cholesterol and Total Lipids were measured in the fasting state from women taking the above oral contraceptives Blood pressure and body weight were also measured. Total lipids in serum were determined by the method of Zou and Kirsch.(39) Serum triglycerides were determined by the method of Wablefold (32) and Cholesterol was determined by Watson's method (3) After 12 months,, significant increase in Triglycerides and significant decrease in Cholesterol were noted with the Microgynon 30 ED. The Noriday group showed significant increase in Triglycerides and Total lipids. There is no hypertension and an increase of 1,3 kg for those oral contraceptive users,