

Pengaruh latihan ketrampilan sosial terhadap kemampuan sosialisasi pada lansia dengan kesepian di Panti Wredha di Kabupaten Semarang =
The effect of social skill to socialization ability to elderly with loneliness in nursing home in Semarang regency

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Abstrak

Tujuan penelitian untuk menganalisis pengaruh Latihan Ketrampilan sosial terhadap kemampuan sosialisasi pada lansia yang mengalami kesepian di Panti wredha. Desain penelitian ini adalah quasi experimental, pre-post test with control group. Tempat penelitian di Panti Wredha A (Intervensi) dan Panti Wredha B (Kontrol) di Kabupaten Semarang. Sampel penelitian adalah 27 lansia kelompok intervensi dan 28 lansia sebagai kelompok kontrol yang memenuhi kriteria inklusi.

Hasil penelitian menunjukkan perbedaan signifikan skor kemampuan sosialisasi lansia setelah dan sebelum dilakukan Latihan Ketrampilan Sosial. Terdapat peningkatan kemampuan sosialisasi pada lansia pada kelompok intervensi. Rekomendasi penelitian ini adalah Latihan Ketrampilan Sosialisasi direkomendasikan pada lansia dengan kesepian.

.....The aim of this research was to analyze the correlation between social skill training and socialization ability of elderly with loneliness in nursing home. This research used quasi experimental pre-post test with control group design. The research took place at nursing home 'A' for intervention group with 27 subjek and nursing home 'B' for control group with 28 subjek.

The result showed a significant difference of elderly socialization ability before and after that there was training with social skill training. It is proved by an increase of social ability of elderly in intervention group. This research recommended that social skill training needs to be given in elderly with loneliness.