

Studi fenomenologi pengalaman disfungsi seksual pada klien pria diabetes di RSUPN Dr. Cipto Mangunkusumo Jakarta =
Phenomenology studies: sexual dysfunction experiences on men diabetes client at RSUPN Dr. Cipto Mangunkusumo Jakarta

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Abstrak

Insiden disfungsi seksual pada pria diabetes sangat banyak dan sampai saat ini belum pernah dilakukan eksplorasi mendalam tentang pengalaman mereka. Penelitian ini bertujuan memperoleh gambaran pengalaman disfungsi seksual pada klien pria diabetes di RSUPN Dr. Cipto Mangunkusumo Jakarta dengan metode penelitian kualitatif dan pendekatan fenomenologi. Dilakukan wawancara mendalam kepada 7 partisipan. Temuan memberikan informasi rinci tentang pengalaman pria diabetes menghadapi disfungsi seksual dengan 11 tema utama, diantaranya gambaran disfungsi seksual, dampak, respon support sistem dan kebutuhan pelayanan kesehatan.

Disimpulkan bahwa disfungsi seksual terjadi < 5 tahun semenjak terdiagnosa diabetes mellitus yang berdampak pada diri; pasangan dan sosial, klien berupaya mencari cara penyelesaian sesuai persepsinya dan mengharapkan dukungan keluarga, tenaga dan pelayanan kesehatan untuk memperbaiki fungsi seksual mereka.

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The incidence of sexual dysfunction on diabetic men clients is prodigious and until now has not been done in-depth exploration of their experiences. The research purpose is to identify the description of sexual dysfunction experiences oin diabetic men at RSUPN Dr. Cipto Mangunkusumo Jakarta, using qualitative research methods and phenomenology approach. In-depth interviews were conducted with 7 participans. The findings provide detailed information on diabetic men sexual dysfunction experiences, 11 themes were derived, including sexual dysfunction experiences overview and it's impact, the responses of support system and health care needs.

Concluded that sexual dysfunction was occured < 5 years since diagnosed of diabetes mellitus. It is to be an effect to them self, social and couple relationship. Clients was seeking the problem solving by their perception with all the hope and support from family (couple), health professionals and health services to improve their sexual function.