

Pengaruh guided imagery terhadap tingkat nyeri anak usia 7-13 tahun saat dilakukan pemasangan infus di RSUD Kota Semarang = The Effect of Guided Imagery to the Pain Level in 7-13 Year-Old Children During Intravenous Therapy at RSUD Kota Semarang

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Abstrak

Pemasangan infus dapat menimbulkan nyeri pada anak. Guided imagery merupakan strategi nonfarmakologi yang dapat menurunkan nyeri. Penelitian ini bertujuan mengidentifikasi pengaruh guided imagery terhadap tingkat nyeri anak saat pemasangan infus. Jenis penelitian kuasi eksperimen dengan sampel 28 intervensi dan 28 kontrol di RSUD Kota Semarang.

Hasil penelitian menunjukkan ada perbedaan rata-rata tingkat nyeri anak pada kelompok intervensi dan kontrol. Rata-rata nyeri pada intervensi 1,68 sedangkan kontrol sebesar 4,18. Guided Imagery dapat digunakan untuk mengurangi tingkat nyeri anak usia sekolah saat pemasangan infus.

Intravenous therapy may cause pain in children. Guided imagery is one of nonfarmachology strategy that can reduce pain. This study aim is to identify the effect of guided imagery to the pain level in children during intravenous therapy. The research design is quasi-experimental with 28 children in intervention and 28 children in control as a sample in RSUD Kota Semarang.

The results showed there is a differences mean of pain level between control and intervention group. The average of pain level in intervention group 1.68 while the pain level in control group 4.18. Guided imagery can be used to reduce the pain level in school age children during intravenous therapy.