

# Pengalaman diabetisi dalam melaksanakan perawatan di Rumah di Kota Depok

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## Abstrak

Penelitian bertujuan mengetahui arti dan makna pengalaman diabetisi melaksanakan perawatan di rumah. Penelitian dengan metode kualitatif fenomenologi deskriptif. Partisipan didapatkan dengan criterion sampling. Hasil wawancara dan catatan lapangan dianalisis dengan teknik Collaizi. Penelitian mengidentifikasi 22 tema yaitu karakteristik penyakit DM, penyebab, manajemen perawatan, keyakinan, perubahan akibat DM, respon terhadap diagnosis, respon terhadap pengaturan manajemen perawatan, perasaan subyektif saat gula darah tinggi, modifikasi diit, aturan diit, pelaksanaan olah raga, pelaksanaan terapi obat medis, pelaksanaan periksa ke pelayanan kesehatan, pemanfaatan pengobatan alternatif, upaya lain, mempertahankan kualitas hidup, motivator utama perawatan, sumber pendukung, jenis dukungan, jenis hambatan, pengalaman spiritual, dan pelajaran hidup.

.....Research aimed to explore Diabetes patient experiences performing care at home. It used qualitative descriptive phenomenology. Participants were collected by criterion sampling. In-depth interview and field note records analyzed using Collaizi's method. It identified 22 themes, consist of disease characteristics, etiology, care management, beliefs, alterations caused by diabetes, responds to diagnosis, responds to care management, subjective feeling during high blood sugar, dietetic modification, dietetic rule, physical exercise activity, medical treatment activity, health provider visits activity, alternatives medicine use, other effort, maintaining quality of life, primary motivator to perform care, supports resources, supports type, barriers type, spiritual experience, and life lessons.