

Pengaruh logoterapi terhadap perubahan harga diri narapidana perempuan dengan narkotika di Lembaga Pemasyarakatan kelas IIA Palembang = Effect of changein self-esteem logotherapy woman prisoner with narcotics in the class II Palembang Panitentiary

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Abstrak

Penyalahgunaan narkotika setiap tahunnya mengalami peningkatan. Kondisi tersebut menimbulkan masalah psikologis harga diri rendah. Logotherapy bertujuan meningkatkan harga diri melalui proses penemuan makna hidup. Tujuan penelitian adalah untuk menganalisis pengaruh logotherapy terhadap harga diri narapidana perempuan dengan narkotika di Lembaga Pemasyarakatan kelas IIA Palembang. Desain penelitian quasi experimental pre-post test with control group. Penelitian dilakukan terhadap 56 responden yaitu 28 orang kelompok intervensi dan 28 orang kelompok kontrol. Hasil penelitian menunjukkan bahwa terdapat perbedaan harga diri (kognitif, perilaku, afektif) yang signifikan pada kelompok intervensi sebelum dan sesudah diberikan logotherapy. Rekomendasi hasil penelitian adalah perlunya pelaksanaan logotherapy dalam program pembinaan mental.

Abuse case of narcotics each year has increased. These conditions led to psychological problems of low self-esteem. Logo therapy was aimed to raise self esteem through the discovery process of the meaning of life. The research objective was to analyze the influence of logo therapy for the dignity of women prisoners with a drug in the class IIA Palembang Penitentiary. Design of this research used ?Quasi experiment by using pre post test with control group? on 56 samples. The consist of samples were 28 peoples for intervention group and 28 peoples for control group. The results showed that there were significantly different in self-esteem (cognitive, behavioral, affective) aspects in the intervention group before and after logo therapy. It was recommended that there was a need for implementation of logo therapy in mental health program.