

Pengaruh perawatan metode kanguru terhadap respon fisiologis bayi prematur dan kepercayaan diri ibu dalam merawat bayi di dua rumah sakit di Jakarta = The effect of kangaroo mother care on physiology infants and self confidence of mother caring infants in two hospitals in Jakarta

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Abstrak

Kelahiran prematur merupakan penyebab terbesar kematian bayi. Perawatan metode kanguru atau PMK merupakan salah satu perawatan yang efektif bagi bayi prematur. Tujuan penelitian ini adalah mengetahui pengaruh PMK terhadap respon fisiologis bayi prematur dan kepercayaan diri ibu dalam merawat bayi di dua rumah sakit di Jakarta. Desain penelitian adalah one-group pre dan post test. Pengambilan sampel dengan cara purposive sampling. Hasil uji statistik menunjukkan terdapat perbedaan bermakna pada suhu tubuh, frekuensi denyut jantung, saturasi oksigen bayi prematur, dan kepercayaan diri ibu dalam merawat bayi sebelum dan sesudah dilakukan PMK. PMK dapat diusulkan menjadi tindakan rutin di ruangan perinatalogi rumah sakit.

.....The main cause of neonatal mortality is premature birth. Kangaroo mother care is one effective care for preterm infants. The purpose of the study was to identify the effect kangaroo mother care on physiological response of preterm infants and self confidence of mother caring infants in two hospitals in Jakarta. The study design was one-group pre and post test. The result of study was founded that the are significant differencies between before and after kangaroo mother care intervention on physiological infants and self confidence of mother. Based on this study, there were some recomendations including kangaroo mother care usage as a part of routine care in hospital.