

Efektifitas kombinasi teknik marmet dan pijat oksitosin terhadap produksi asi ibu post seksio sesarea di rumah sakit wilayah Jawa Tengah = The effectiveness of combination of marmet technique and oxytocin massage to breast-milk production on post cesarean section women at the hospitals in West Java

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Abstrak

Penelitian ini dilatarbelakangi oleh penurunan produksi ASI pada hari-hari pertama setelah melahirkan. Tujuan penelitian untuk mengetahui efektifitas kombinasi teknik marmet dan pijat oksitosin terhadap produksi ASI ibu post seksio sesarea. Jenis penelitian quasi eksperimen dengan rancangan post test only design with control group. Teknik pengambilan sampel dengan non-probability sampling yaitu consecutive sampling dengan sampel 54.

Hasil penelitian adalah ada perbedaan proporsi kelancaran produksi ASI antara kelompok kontrol dan intervensi dengan p value=0,000 dan ibu post seksio sesarea yang diberikan kombinasi teknik marmet dan pijat oksitosin berpeluang 11,5 kali lebih besar untuk mempunyai produksi ASI lancar dibandingkan dengan kelompok kontrol (OR=11,500).

....The research background was the deflation of breast-milk production during the first day after bearing. The objective of this research was to perceive the effectiveness of combination of marmet techniques and oxytocin massage to breast-milk production on post cesarean section women. This was an quasi experiment research using post test only design with a control group. Samples were collected with non-probability sampling techniques which was consecutive sampling, involving 54 total samples.

Research result shows there is a difference between the proportion of breast milk production smoothness among controlled group and intervention group (p value=0.000). This study also shows that post cesarean section women given combination of marmet technique and oxytocin massage have 11.5 greater opportunity to have smooth breast-milk production compared to controlled group (OR= 11.500).