

Pengaruh cognitive behavior therapy (CBT) terhadap perubahan harga diri pasien gagal ginjal kronik di unit hemodialisa Rumah Sakit Husada Jakarta 2011 = The effect cognitive behavior therapy (CBT) to price change in the patient CKD hospital haemodialysis unit Husada Jakarta

Tri Setyaningsih, author

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Abstrak

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ABSTRACT

This study aims to describe the effects of cognitive Behavior Therapy (CBT) to changes in self-esteem of patients with Chronic Kidney Disease (CKD) in hemodialysis units Husada Hospital Jakarta. The study was conducted using a quantitative approach, with the method quasi experimental pre-post test without control group. Research conducted on 27 respondents (CKD patients) who are undergoing hemodialysis. The results showed that there were changes in self-esteem in terms of both cognitive and behavioral intervention that significantly after CBT (P value ˂ 0,00). Recommended studies of CBT as one specialist treatment for patients CKD in Haemodialysis Unit in particular and in patients with psychosocial disturbances in general.