

Gambaran faktor yang berhubungan dengan fatigue pada pasien yang menjalani hemodialisis di RSUP Dr. MoH. Hoesin Palembang =  
Description of factor related to fatigue in patients undergoing hemodialysis in RSUP Dr. Moh. Hoesin Palembang

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Abstrak

**ABSTRAK**

Penelitian ini bertujuan menjelaskan faktor yang berhubungan dengan Fatigue pada pasien yang menjalani hemodialisis di RSUP Dr. Moh Hoesin Palembang. Desain penelitian analitik observasional. Teknik non probability sampling. Hasil penelitian tidak ada hubungan tingkat fatigue dengan pekerjaan, status dukungan, jenis kelamin, frekuensi, jarak fasilitas, komplikasi, merokok, alkohol, riwayat penyakit, dan status nutrisi. Ada hubungan tingkat fatigue dengan latihan fisik, lama menjalani hemodialisis, kadar hemoglobin, penghasilan dan pendidikan. Faktor dominan adalah penghasilan. Perawat hemodialisis diharapkan memonitoring fatigue, memberikan pendidikan kesehatan tentang latihan fisik dan memberikan asuhan keperawatan holistik.

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**Abstract**

This Research was aimed to explain the factor related to fatigue in patients undergoing hemodialysis in RSUP Dr. Moh Hoesin Palembang. This Research was observational analytic research. Technique sampel was non probability sampling Research result was no relation between level fatigue and job status, gender, support status, frequency, facility distance, complication, smoking habits and alcohol habits, disease history, nutrition status. There was relation between level fatigue and physical exercises, duration of hemodialysis and level of haemoglobin, education level and income. The dominant factor was income. Hemodialysis nurses are expected monitor fatigue and give health education about physical practice and give holistic nursing care.