

Pengaruh terapi musik terhadap tingkat nyeri anak usia prasekolah yang dilakukan pemasangan infus di Rumah Sakit Islam Jakarta = The effect of music therapy to the pain level felt by pre-school children who's having infusion attachment procedures at Rumah Sakit Islam Jakarta Hospital

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Abstrak

Tujuan penelitian ini adalah untuk mengetahui pengaruh terapi musik terhadap tingkat nyeri anak usia prasekolah yang dilakukan pemasangan infus. Penelitian ini menggunakan studi quasi eksperimen dengan rancangan Nonequivalent control group, after only design. Terapi musik diberikan 5 menit sebelum pemasangan infus sampai 5 menit sesudah pemasangan infus. Terdapat perbedaan tingkat nyeri yang signifikan antara anak usia prasekolah yang diberikan terapi musik dengan anak usia prasekolah yang tidak diberikan terapi musik saat dilakukan pemasangan infus dengan p value 0,00.

Music is an effective distraction technique. It has the best influence in a short time. Music reduces the physiological pain, stress and anxiety by distracting someone's attention from the pain. The objective of this research is to understand the influence of music therapy to pre-school children that having infusion attachment procedure. This research was using quasi experiment with Nonequivalent control group, after only design. Music therapy was given at 5 minutes before the infusion attachment process was started until 5 minutes after the process was done. There was a significant difference of pain level between pre-school children that was having music therapy than they who was not having music therapy during the infusion attachment process.