

# Analisis hubungan beban kerja mental dengan kinerja karyawan Departemen Contract Category Management di Chevron IndoAsia Business Unit = The Relationship between mental workload with employees performance at Department Contract category Management, Chevron IndoAsia Business Unit

Raldina Asdyanti, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20295927&lokasi=lokal>

---

## Abstrak

Skripsi ini membahas hubungan beban kerja mental dengan kinerja karyawan pada departemen Contract Category Management di Chevron Indoasia Business Unit. Penelitian ini bertujuan untuk mengetahui hubungan beban kerja mental dengan kinerja karyawan. Pendekatan yang digunakan adalah pendekatan kuantitatif dengan metode survei yang menggunakan teknik total sampling terhadap seluruh karyawan departemen contract category management yang berjumlah 34 responden.

Hasil penelitian dengan menggunakan analisis uji korelasi spearman menunjukkan bahwa beban kerja mental dengan kinerja karyawan memiliki hubungan yang signifikan dengan arah hubungan yang negatif dan kategori kekuatan hubungan sedang. Hubungan negatif menandakan bahwa semakin tinggi beban kerja mental akan semakin rendah kinerja karyawan.

.....The focus of this study is the relationship between mental workload with employees performance at department contract category management, Chevron IndoAsia Business Unit. The purpose of this study is to understand the relationship between mental workload with performance among employees. This study using quantitative approach with survey method that use total sampling technique to all of department Contract Category Management employees which held to 34 respondents.

The result of this study that use rank spearman correlation test showed mental workload had significant negative correlation with employee performance with middle strengnthness. The negative correlation means the higher mental workload is the lower performance will be showed by employees.