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## Perbandingan Keefektifan Antara Petidin Dan Klonidin Untuk Pencegahan Menggigil Pacaanestesia Dengan N2O/O2/Enfluran

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## **Abstrak**

OBJECTIVE: To determine the efficacy of pethidine or clonidine in preventing postanesthetic shivering if administered at the end of surgery. STUDY DESIGN: Randomized controlled clinical trial. SETTING: Dr. Cipto Mangunkusumo Hospital a national refferal center hospital in Jakarta. PATIENTS: One hundred and two consecutive patients (ASA I & II) undergoing elective simple and superficial procedures. INTERVENTIONS: All patients received induction of 5 mg/kg thiopental,

1 - 2 ug/kg fentanyl and 0,1 mg/kg pancuronium, lung were ventilated with enflurane vaporized in 65% N20 and 33% 02. Patients randomly allocated to one of two group to receive either clonidine (2 ug/kg) or pethidine (0,315 ug/kg) at the time hen enflurane was stop. Main Outcome Measure: heart rate, arterial blood pressure and rectal temperature and the incidence of the

postanesthetic shivering were measure every five minutes. RESULTS: The incidence of the postanesthetic shivering in the clonidine group (25 %) was less than in the pethidine group (58%) Heart rate and blood pressure value after the administration of clonidine were lower than after pethidine. CONCLUSION: Postoperative administration of clonidine (2 ug/kg) is suitable for prevention of postanesthetic shivering.