

## Family Barriers in Preventing HIV/Aids Among Young People in Indonesia

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### Abstrak

Most studies on HIV/AIDS revealed that young people are highly at risk to that epidemic mainly because of their physical, psychological, social, and economical attributes. AIDS is incurable but preventable disease. HIV, the virus causes of AIDS spreads through unique means and preventable. A significant effort on preventing HIV/AIDS among young people may come from the family who generally has big influences over them- and that influence can last a lifetime. In other words, working with families as early as possible in young people's lives could help solidify their healthy behaviors on HIV/AIDS and prevent the risk before it happens. Yet, studies found that families in Indonesia have unique barriers in preventing their teens to escape from the HIV/AIDS epidemic. This paper aims to explore family barriers in preventing HIV/AIDS in the context of Indonesia. Qualitative method with in-depth interview and focus group discussion was employed. The results of the study found at least five cultural barriers faced by family, (1) cultural constraints, (2) lack of understanding about the extent of HIV/AIDS problem; its causes and its solution, (3) lack of understanding about how to resolve the HIV/AIDS problem, (4) lack of awareness of the HIV/AIDS problem, and (5) lack of support and encouragement.