

Hubungan pola terapi, nilai Ureum-Kreatinin Plasma dan Hemoglobin dengan kualitas hidup pasien Hemodialisis di RSUD Dr. Soedarso Pontianak = relationship between pattern of therapy, urea-creatinine level of plasma and hemoglobin with quality of life patient ongoing hemodialysis

Syarif Safarudin, author

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Abstrak

Hemodialisis merupakan terapi pengganti fungsi ginjal terbanyak pada pasien gagal ginjal tahap akhir. Pasien yang menjalani terapi hemodialisis rutin sering mengalami penurunan kualitas hidup. Penelitian ini bertujuan menganalisis hubungan pola terapi, nilai ureum-kreatinin plasma dan hemoglobin dengan kualitas hidup pasien hemodialisis. Desain menggunakan cross sectional dengan consecutive sampling terhadap 62 responden yang menjalani hemodialisis rutin di RSUD Dr. Soedarso Pontianak. Penilaian kualitas hidup dengan menggunakan kuesioner SF-36. Data menggunakan hasil regresi linier berganda menunjukkan ada hubungan signifikan ($p < 0,05$) antara durasi, frekuensi, terapi eritropoetin, nilai ureum-kreatinin plasma, hemoglobin, dan keputusan dengan kualitas hidup. Perawat perlu meningkatkan kualitas asuhan keperawatan untuk meningkatkan kualitas hidup pasien hemodialisis.

.....Hemodialysis is the most renal replacement therapy for end stage renal disease. Patients undergoing regular hemodialysis often experience decreased in quality of life. The aim of this study was to analyze the relationship between pattern of therapy, urea-creatinine level of plasma and hemoglobin with quality of life patients undergoing hemodialysis. Research design used is cross sectional with consecutive sampling to 62 respondents underwent regular hemodialysis at Dr Soedarso general hospital. Quality of life was measured using SF-36 questionnaires. Data using the multiple linear regression showed no significant relationship ($p < 0.05$) between duration, frequent, Erythropoietin therapy, urea-creatinine level of plasma, hemoglobin and hopelessness with patients quality of life. Nurses need to enhance quality of nursing care to improve the quality of life for the patients undergo hemodialysis.