

Gambaran pengetahuan remaja putri tentang perineal hygiene di SMPIT As Salam Pasar Minggu

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Abstrak

Perkembangan pubertas remaja putri memerlukan perhatian, khususnya dalam perineal hygiene. Tujuan penelitian ini menggambarkan pengetahuan remaja putri tentang perineal hygiene di Sekolah Menengah Pertama Islam Terpadu As Salam Pasar Minggu. Desain penelitian ini adalah deskriptif cross sectional dengan teknik total sampling berjumlah 54 responden. Alat pengumpulan data menggunakan kuesioner. Hasil penelitian menunjukkan 68,5% responden berpengetahuan rendah. Hal ini disebabkan 53,7% responden belum mendapatkan informasi tentang perineal hygiene. Diharapkan peran perawat dalam memberikan edukasi kesehatan tentang perineal hygiene remaja putri di sekolah.

.....Female Teenagers pubertal development needs attention, especially the perineal hygiene. The purpose of this study was to describe the female teenagers knowledge level of perineal hygiene at As Salam Islamic Integrated Junior High School Pasar Minggu. This study used cross sectional descriptive design with 55 respondents selected using total sampling techniques. Data were collected using a questionnaire. The result showed that 68,5% of respondents had low level of knowledge. It was caused by 53,7% of respondents who had not received any information about perineal hygiene. It is expected that nurses provide health education about perineal hygiene to female teenagers at schools.