

Pengaruh seragam perawat: rompi bergambar terhadap kecemasan anak prasekolah akibat hospitalisasi

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Abstrak

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Hospitalisasi pada anak prasekolah merupakan pengalaman yang sering membuat anak stress dan mengalami kecemasan. Tujuan penelitian untuk menganalisa pengaruh penggunaan rompi bergambar oleh perawat terhadap kecemasan anak prasekolah akibat hospitalisasi. Desain penelitian quasi eksperimen post test-only non equivalent control group. Instrumen pengukuran kecemasan anak menggunakan kuesioner yang diisi orang tua. Sampel penelitian berjumlah 34 anak terbagi dalam kelompok kontrol dan intervensi. Analisis untuk melihat pengaruh antara kedua variabel menggunakan Mann Withney test Hasil penelitian menunjukkan ada pengaruh penggunaan rompi bergambar terhadap kecemasan anak akibat hospitalisasi dengan p value = 0,003. Penggunaan rompi bergambar dapat digunakan sebagai upaya untuk menurunkan kecemasan anak akibat hospitalisasi.

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ABSTRACT

The experiences of hospitalization led to stress and anxiety. The aim of this research was to analyze the influence of wearing patterned vest during hospitalization by the nurses to hospital-related anxiety. The research design was quasi experiment post test-only non equivalent control group and the sample was 17 children in intervention group and 17 children in control group. Spence Children Anxiety Scale was filled out by the parents to measure the level of children's anxiety. The data was analyzed with Mann Withney test. The research showed that there was a significant relationship between wearing patterned vest during hospitalization by the nurses and children's anxiety (p value=0.003). Patterned vest uniform can be used to decreasing children's hospital related anxiety.