

Hubungan antara kualitas hidup dan perceived social support pada pengemudi mobil pribadi usia dewasa muda yang melakukan komuter ke Jakarta = Relationship between quality of life and perceived social support in young adult private car drivers who daily commute to Jakarta

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Abstrak

Penelitian ini bertujuan untuk melihat hubungan antara kualitas hidup dan perceived social support dari penumpang dan lawan bicara di telepon pada pengemudi yang melakukan komuter ke Jakarta setiap hari kerja. Dalam penelitian ini, 43 partisipan yang tinggal di Tangerang dan mengemudi ke Jakarta melalui tol Karang Tengah mengisi alat ukur WHOQOL-BREF dan Social Provisions Scale (SPS).

Dari penelitian, ditemukan bahwa seluruh domain dari kualitas hidup memiliki korelasi yang positif dengan perceived social support. Namun, tidak ada perbedaan yang signifikan dalam kualitas hidup maupun perceived social support antara pengemudi yang didampingi penumpang dan pengemudi yang berbicara dengan orang lain melalui telepon.

.....The study was conducted to establish the relationship between quality of life and perceived social support from passenger and telephone conversation partner in drivers who commute to Jakarta on work days. A total of 43 participants, who lived in Tangerang and drove to Jakarta through Karang Tengah tollway, completed the WHOQOL-BREF and the SPS.

The study found that all quality of life domains were positively correlated with perceived social support. However, there was no significant difference in quality of life and in perceived social support between drivers who were accompanied by passenger and those who talked to telephone conversation partner.