

Faktor-faktor penyebab stres kerja di ruangan ICU pelayanan jantung terpadu (PJT) Rumah Sakit Dr. Cipto Mangunkusumo Jakarta = Factors that influence to occupational distress in intensive care unit at integrated cardiovascular services (PJT) Dr. Cipto Mangunkusumo Hospital Jakarta

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Abstrak

Perawat ICU khusus cardiothoracic rentan mengalami stres kerja. Kondisi kritis pasien dengan gangguan sistem kardiovaskular memicu terjadinya stres kerja di ruangan ICU PJT RSCM. Penelitian ini dilakukan menggunakan teknik total sampling dengan desain deskriptif sederhana. Hasil penelitian diperoleh gambaran 60.7% perawat mengalami stres kerja ringan dan 39.3% mengalami stres kerja sedang. Faktor instrinsik pekerjaan berupa beban kerja yang dipersepsikan berat merupakan faktor penyebab terjadinya stres kerja yang dominan. Sehingga diperlukan adanya penilaian kembali beban kerja secara lebih objektif sesuai dengan kompetensi perawat ICU khusus cardiothoracic.

.....Cardiothoracic critical care nurses are susceptible to occupational distress. Critical patient with cardiovascular disorders in ICU PJT RSCM can create occupational distress to their nurse. This study used simple descriptive design with total sampling as their sampling method. The result was described 60.7% nurses had mild occupational distress and 39.3% had moderate occupational distress with the instrinsic job stress factor's as a dominan factor's. So with that result needed workload reappraisal more objectively according to the cardiothoracic critical care nurses competences.