

Hubungan antara resiliensi dan Coping pada istri yang mengalami kekerasan dalam rumah tangga = the Correlation between resilience and coping toward wives experiencing domestic violence

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Abstrak

Penelitian ini dilakukan untuk melihat hubungan antara coping dan resiliensi pada istri yang mengalami kekerasan dalam rumah tangga. 101 istri yang mengalami kekerasan dalam rumah tangga menjadi partisipan dalam studi ini dengan mengisi kuisioner coping dan resiliensi. Coping diukur dengan menggunakan alat ukur Brief COPE yang dibuat oleh Carver (1997) berdasarkan teori Lazarus dan Folkman (1984). Brief COPE terdiri dari 14 subskala yaitu, active, planning, venting, self distraction, denial, substance use, emotional support, instrumental support, behavioral disengagement, positive reframing, humor, acceptance religion, self blame. Resiliensi diukur dengan menggunakan The 14-Item Resilience Scale (RS-14) yang disusun oleh Wagnild dan Young (2009). RS-14 terdiri dari 5 komponen, yaitu meaningfulness, perserverance, self-reliance, existential alones, equanimity. Hasil penelitian ini menunjukkan adanya korelasi yang positif dan signifikan antara coping dan resiliensi. Selain itu hasil penelitian juga menunjukkan bahwa behavioral disengagement dan acceptance memiliki kontribusi terhadap resiliensi.

.....This research was done to see the relationship between coping & resilience toward wife whom experience domestic violence. 101 wives whom experienced domestic violence participated in this study by completing the questioners on coping and resilience. Coping was measured by the Brief COPE measurement created by Carver (1997) based on Lazarus and Folkman's theories. Brief COPE consist of 14 subscales: active, planning, venting, self distraction, denial, substance use, emotional support, instrumental support, behavioral disengagement, positive reframing, humor, acceptance religion, self blame. Resilience was measured by The 14-Item Resilience Scale (RS-14) measurement created by Wagnild dan Young (2009). RS-14 consist of 5 component: meaningfulness, perserverance, self-reliance, existential alones, equanimity. The result of this research shows the existence of positive & significant correlation between coping & resilience. Other than that, the result of the research also show that behavioral disengagement and acceptance contributes to resilience