

Pengalaman Traumatik Remaja Perempuan Akibat Banjir Lahar Dingin Pasca Erupsi Gunung Merapi dalam Perspektif Tumbuh Kembang di Hunian Sementara Kabupaten Magelang = Traumatic Experience of Adolescent Female in Floods of Cold Lava after The Eruption of Mount Merapi in The Perspective of Growth and Development in Magelang Regency Shelter

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Abstrak

Bencana banjir lahar dingin merupakan bencana susulan pasca meletusnya gunung Merapi yang berada di Yogyakarta. Bencana ini menimbulkan trauma bagi masyarakat yang mengalaminya termasuk remaja perempuan.

Tujuan dari penelitian ini adalah mengeksplorasi pengalaman traumatik remaja perempuan akibat banjir lahar dingin pasca erupsi gunung Merapi dalam perspektif tumbuh kembang di hunian sementara kabupaten Magelang. Subjek dari penelitian ini adalah enam partisipan yang dipilih dengan menggunakan metode purposive sampling.

Hasil penelitian: didapatkan enam tema gambaran traumatik bagi remaja perempuan yaitu respon psikologis, respon kognitif, respon fisik, perubahan hubungan sosial, pencapaian personal growth dan rehabilitasi kehidupan sehari-hari.

Rekomendasi: Tindak lanjut dengan penerapan dan pengembangan tematis yang sudah teridentifikasi dari pengalaman traumatik bagi remaja perempuan.

<hr>Cold lava flood disaster is catastrophic eruption of Mount Merapi was in Yogyakarta. This disaster cause a traumatic experience for the community including Adolescent female.

Purpose of this study was to explore the traumatic experience of adolescent Female in floods of cold lava after the eruption of Mount Merapi in the perspective of growth and development in Magelang regency shelter. Subjects in the study were the six partisipans taken purposively with the criteria had experienced traumatic. Methodology in qualitative research is phenomenological.

The results: six themes of the picture obtained traumatic for adolescent female, the psychological response, cognitive responses, physical responses, changes in social relationships, personal growth and rehabilitation of daily living.

Recommendation: Follow up with the application and development of the themes that have been identified from a traumatic experience for adolescent female.