

Pengaruh social skills training (SST) terhadap keterampilan sosialisasi dan social anxiety remaja tunarungu di SLB Kabupaten Wonosobo =  
Effect of social skills training (SST) on socialization and social skills adolescent anxiety wonosobo deaf in the special school district /  
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Abstrak

**ABSTRAK**

Hambatan fisik yang dimiliki anak tunarungu dapat berpengaruh pada perkembangan psikologis dan sosial. Penelitian ini bertujuan untuk menjelaskan pengaruh SST terhadap keterampilan sosialisasi dan social anxiety remaja tunarungu. Penelitian menggunakan desain quasi exsperimnt pre-post test with control group. Sampel 76 orang terpilih secara total sampling di SLB-B Karya Bhakti dan SLB-B Dena Upakara Kabupaten Wonosobo. Rata-rata peningkatan keterampilan sosialisasi sebesar 8,38% dan didapatkan rata-rata penurunan skor social anxiety 8,97. Hasil penelitian diketahui perbedaan yang bermakna skor keterampilan sosialisasi dan social anxiety pada remaja tunarungu sebelum dan setelah diberikan terapi SST.

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**ABSTRACT**

Physical barriers that have children with hearing impairment can affect the psychological and social development. This study aims to clarify the effect of SST on the socialization skills of deaf adolescents and social anxiety. The research design uses a quasi exsperimnt pre-post test with control group. Selected sample of 76 people in total sampling in SLB-B Karya Bhakti and SLB-B Dena upakara Wonosobo district. The average increase of 8.38% of socialization skills and obtained an average reduction of social anxiety score of 8.97. Survey results revealed a significant difference scores socialization skills and social anxiety in adolescents with hearing impairment before and after the therapy given SST.