

Pengaruh pendidikan kesehatan perawatan metode Kanguru terhadap keterampilan dan kepercayaan diri ibu untuk memberikan ASI pada bayi berat lahir rendah = Effect of Kangaroo care health education to mother skills and confidence for Breastfeeding in Low Birth Weight Infant

Francisca Shanti Kusumaningsih, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20317266&lokasi=lokal>

Abstrak

Pendidikan kesehatan perawatan metode kanguru (PMK) merupakan usaha membimbing orang tua mencapai peran ibu dalam perawatan dan pengasuhan bayi. Tujuan penelitian untuk mengetahui pengaruh intervensi terhadap keterampilan dan kepercayaan diri ibu memberikan air susu ibu (ASI). Desain penelitian menggunakan quasi-experimental pre test and post test without control group design. Responden adalah 17 ibu yang mempunyai bayi berat lahir rendah (BBLR) di ruang perinatologi RSUP Sanglah Denpasar. Pengumpulan data menggunakan instrument kuesioner kepercayaan diri dan lembar observasi keterampilan memberikan ASI. Analisis hasil menggunakan uji paired t test. Terdapat perbedaan yang signifikan keterampilan dan kepercayaan diri ibu memberikan ASI sebelum dan sesudah diberikan intervensi (keterampilan: $p=0,000$, $=0,05$; kepercayaan diri: $p=0,000$, $=0,05$). Pendidikan kesehatan PMK sebaiknya dijadikan prosedur tetap perawatan BBLR.

Kangaroo care health education is an attempt to guide parent achieving mother's role in the baby care. The objective of this research was to determine the influence of kangaroo care health education on mothers skill and confidence to breastfeeding their baby. The study design used a quasi-experimental pre and post-test without control group design. Respondents were 17 mothers with low birth weight (LBW) infant in the Perinatology Sanglah Hospital in Denpasar. In the collection of the data, confidence questionnaires and breastfeeding skills observation sheets were used as instrument tool. The data was analyzed with paired t test. This research found that there were a significant influence on mother's skill and confidence in breastfeed their baby as the result of kangaroo care health education (skills: $p=0.000$, $=0.05$; confidence: $p=0.000$, $=0.05$). it was recommended that kangaroo care health education is should be implemented in the care of LBW infant.