

Gambaran kegiatan posyandu dan status gizi balita di wilayah kerja Puskesmas Silih Nara Kabupaten Aceh Tengah tahun 2012 = Overview of activities posyandu and nutritional status of children in the region of Nara Reparation Health Center of Central Aceh district in 2012

Suryani, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20317896&lokasi=lokal>

Abstrak

Tujuan penelitian ini adalah untuk mengetahui gambaran kegiatan posyandu dan status gizi balita di wilayah kerja Puskesmas Silih Nara Kabupaten Aceh Tengah tahun 2012. Penelitian ini menggunakan data primer dari hasil wawancara dengan pedoman kuesioner dan observasi dengan pedoman checklist serta data sekunder dari hasil laporan gizi Puskesmas dan register posyandu.

Penelitian ini merupakan penelitian deskriptif, dengan sampel seluruh posyandu dan kader posyandu aktif. Hasil penelitian menunjukkan 96,7% sarana posyandu tidak lengkap, 50,0% posyandu mempunyai kader kurang dari 5 (lima) orang, 83,2% pengetahuan kader kurang, mayoritas kader (93,7%) tidak pernah melakukan penyuluhan gizi, mayoritas kader melakukan PMT Pemulihan kurang dari 90 hari terus menerus, 64,3% kader tidak melakukan tindak lanjut hasil penimbangan, 73,3% posyandu dengan cakupan D/S di bawah target, dan balita dengan status gizi kurang sebanyak 20,86%.

Disarankan agar Dinas Kesehatan mendorong kepala puskesmas lebih memperhatikan program promosi kesehatan terutama program posyandu, meningkatkan pengetahuan kader dengan mengadakan pelatihan kader, dan peningkatan sumber daya manusia promosi kesehatan di tingkat puskesmas. Bagi puskesmas diharapkan peningkatan kualitas dan kuantitas kinerja petugas promosi kesehatan, merekrut kader baru dan melakukan pembinaan berkesinambungan terhadap semua posyandu. Bagi pokja IV PKK agar melakukan pembinaan yang berkesinambungan terhadap kader posyandu, kader dan tokoh masyarakat agar meningkatkan perannya, menambah wawasan dan tokoh masyarakat agar ikut menggerakkan peran serta masyarakat.

<hr>

The purpose of this study was to determine the activities overview posyandu and nutritional status of children in the region of Nara Reparation Health Center of Central Aceh District in 2012. This study uses primary data from interviews with questionnaires and observation guidelines with the guidelines checklist and report the results of secondary data from Community Health Center and register posyandu nutrition.

The study is a descriptive study, with samples of all posyandu and cadres are active. The results showed 96.7% posyandu no means complete, 50.0% posyandu cadres had less than 5 (five), 83.2% lack of knowledge of cadres, cadres majority (93.7%) have never done nutritional counseling, the majority PMT Recovery cadres do less than 90 days continuously, 64.3% of cadres do not follow up the results of weighing, with coverage of 73.3% posyandu D / S is below the target, and the nutritional status of infants with less as much as 20.86%.

Public Health Service recommended that more attention to health centers encourage the head of health promotion programs, especially programs posyandu, increase knowledge for meaningful training cadre to cadre, and the improvement of human resources in health promotion clinic level. For the clinic is expected to increase the quality and quantity of health promotion staff performance, recruiting new cadres and conduct ongoing training for all posyandu. For the working group in order to guide IV PKK continued to posyandu cadres, cadres and leaders in order to enhance its role, adding insight and community leaders to participate mobilize community participation.