

Hubungan antara sense of community dengan distress psikologik pada warga Fakultas Psikologi Universitas Indonesia =The Relationship between sense of community and psychological distress in Psychology Faculty of Universitas Indonesia members

Fawzan Yahya Patria, author

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Abstrak

Kenyamanan berada di suatu lingkungan akan mempengaruhi kinerja bagi orang-orang di dalamnya. Warga Fakultas Psikologi Universitas Indonesia sehari-harinya berhubungan dengan hal-hal akademis dan tingginya tuntutan dalam bekerja. Keakraban satu sama lain penting dalam memperoleh kenyamanan agar warga tidak mengalami distress. Sense of Community dianggap bisa menurunkan efek dari Distres Psikologik. Partisipan penelitian korelasional ini berjumlah 194 orang yang terdiri dari Mahasiswa dan Karyawan. Pengukuran Distres Psikologik menggunakan Hopkins Symptom Checklist-25 (HSCL-25). Sedangkan pengukuran Sense of Community menggunakan Sense of Community Index-2 (SCI-2). Karyawan memiliki Sense of Community tertinggi, sedangkan Mahasiswa memiliki Distres Psikologik tertinggi. Tidak ada hubungan antara Distres Psikologik dan Sense of Community pada Warga Fakultas Psikologi Universitas Indonesia.Feels comfort in an environment will influence the performance of the people in it. The community of Psychology Faculty, University of Indonesia faced academic matters and the high demands of the work every day. Familiarity with one another is important in gaining comfort that the members do not experience distress. Sense of Community is considered to reduce the effects of psychological distress. This correlation study has 194 participants. It consists of students and employees. Psychological Distress was measured with the Hopkins Symptom Checklist-25 (HSCL-25). Sense of Community Index-2 (SCI-2) was applied to measure the sense of community. The research result showed that officers had the highest sense of community. Students had the highest Psychological Distress. There was no correlation between Psychological Distress and Sense of Community at Psychology Faculty, University of Indonesia.