

## Hubungan antara keberfungsian keluarga dan parenting self-efficacy pada ibu bekerja = The relationship between family functioning and parenting self-efficacy among working mothers

Mega Yolanda, author

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### Abstrak

Penelitian ini bertujuan untuk melihat adanya hubungan antara keberfungsian keluarga dan parenting self-efficacy pada ibu bekerja. Partisipan penelitian ini adalah sebanyak 128 orang ibu bekerja yang tersebar di Jabodetabek. Pengukuran keberfungsian keluarga dilakukan dengan menggunakan alat ukur Family Assessment Device (FAD) berdasarkan The McMaster Model of Family Functioning yang dikembangkan oleh Epstein et al. (1983). Parenting self-efficacy diukur dengan menggunakan alat ukur Parenting Sense of Competence (PSOC) subskala efficacy yang dikembangkan oleh Johnston dan Mash (1989). Hasil penelitian ini menunjukkan bahwa terdapat hubungan yang positif dan signifikan antara keberfungsian keluarga dan parenting self-efficacy pada ibu bekerja ( $r = 0.203$ ,  $p = 0.022$ , signifikan pada L.o.S 0.05). Artinya, semakin efektif keberfungsian keluarga, maka semakin tinggi parenting self-efficacy pada ibu bekerja.

*This research was conducted to investigate relationship between family functioning and parenting self-efficacy among working mothers. Participants of this research were 128 working mothers in Jabodetabek. Family Functioning was measured using Family Assessment Device (FAD) based on The McMaster Model of Family Functioning who developed by Epstein et.al (1983). Parenting Self-Efficacy was measured by efficacy subscale of Parenting Sense of Competence (PSOC) who developed by Johnston dan Mash (1989). The result of this research showed that family functioning positively correlated significantly with parenting self-efficacy among working mothers ( $r = 0.203$ ,  $p = 0.022$ , significant at L.o.S 0.05). This result mean, the more effective family functioning, the higher parenting self-efficacy among working mothers.*