

## Hubungan antara cinta (Sternberg's Triangular Theory of Love) dan kesiapan menikah pada dewasa muda yang menjalani Long-Distance Relationship = Correlation between Love (Sternberg's Triangular Theory of Love) and readiness for marriage in young adults who are having long-distance relationship

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### Abstrak

Cinta terbagi ke dalam tiga komponen yakni intimacy, passion, dan commitment. Cinta merupakan aspek penting dalam suatu hubungan, baik pacaran ataupun pernikahan. Selain itu, kesiapan menikah merupakan variabel yang penting bagi keputusan untuk menikah dan merupakan prediktor yang signifikan untuk kepuasan pernikahan. Penelitian ini dilakukan untuk melihat hubungan antara cinta dan kesiapan menikah pada dewasa muda yang menjalani long-distance relationship. 52 orang dewasa muda menjadi partisipan dalam studi ini dengan mengisi kuesioner yang mengukur cinta dan kesiapan menikah. Cinta diukur menggunakan alat ukur Triangular of Love Scale berdasarkan teori cinta Sternberg yang terdiri dari 3 subscale yaitu intimacy, passion, dan commitment. Kesiapan menikah diukur dengan menggunakan Inventori Kesiapan Menikah. Adapun area-area kesiapan menikah yang diukur adalah komunikasi, keuangan, anak dan pengasuhan, pembagian peran suami-istri, latar belakang pasangan dan relasi dengan keluarga besar, agama, area minat dan pemanfaatan waktu luang. Hasil penelitian menunjukkan adanya korelasi yang signifikan dan positif antara cinta dan kesiapan menikah pada dewasa muda yang menjalani long-distance relationship. Selain itu, melalui analisis tambahan ditemukan perbedaan mean kesiapan menikah yang signifikan berdasarkan bentuk komunikasi (telepon, instant messaging dan jejaring sosial) dan terdapat perbedaan mean commitment yang signifikan berdasarkan jenis kelamin.

.....Love is consisted of three components which are intimacy, passion and commitment. Love is a prominent aspect in a relationship, dating or marriage. Besides that, readiness for marriage is an important variable for decision to marry and also a significant predictor toward marital satisfaction. This research is conducted to examine the relationship between love and readiness for marriage in young adults who are having long-distance relationship. 52 young adults has participated in this research by taking questionnaire which measure love and readiness for marriage. Love is measured by Triangular of Love scale based on Sternberg theory of love which is consisted by three subscales, intimacy, passion, and commitment. Readiness for marriage is measured by Readiness for Marriage Inventory. The measured readiness of marriage area are communication, finance, child and parental care, a division of husband-wife role, the background of spouse and relation to big family, religion, interest and leisure time activity. The result of this research shows a significantly positive correlation between love and readiness for marriage in young adults who are having ling-distance relationship. An additional analysis finds a significant difference of mean in readiness for marriage based on communication forms (telephone, instant messaging, and social network) and a significant difference of mean commitment based on gender.