

Peran media lembar balik dalam meningkatkan perilaku ibu terhadap kesehatan gigi dan mulut anak dan dievaluasi menggunakan KMGS : studi klinis di Posyandu Soka tahun 2012 = The role of flipchart in improving mother's behaviour toward children's dental and oral health and the evaluation by using KMGS : clinical study at Posyandu Soka 2012

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Abstrak

Latar Belakang: Prevalensi karies gigi anak di Indonesia yang tinggi disebabkan karena perilaku ibu yang buruk dalam menjaga kebersihan gigi anaknya.

Tujuan: Mengetahui peran lembar balik dan lembar evaluasi KMGS dalam merubah perilaku ibu terhadap kesehatan gigi mulut balita.

Metode: melakukan pelatihan kader menggunakan lembar balik, pemeriksaan kesehatan gigi mulut balita, kemudian dievaluasi setelah diintervensi menggunakan lembar evaluasi KMGS.

Hasil: terdapat peningkatan (57,15%) bermakna ( $p < 0,05$ ) perilaku ibu pada kelompok intervensi, penurunan bermakna ( $p < 0,05$ ) indeks plak (60%) dan skor kematangan plak (25,71%) anak.

Kesimpulan: media lembar balik efektif meningkatkan perilaku ibu.

.....Background: The high prevalence of early childhood caries in Indonesia is caused by mother's behaviour of maintaining children's oral hygiene.

Purpose: to know about the role of flipchart and KMGS in maintaining mother's behaviour toward children's dental health.

Methods: training for cadre by using flipchart, examination of children's dental and oral health and evaluating after the intervention by using KMGS.

Results: there's a significant improvement (57.15%) of mother's behaviour ( $p < 0,050$ ) in intervention group, a significant reduction ( $p < 0.05$ ) of child plaque index (60%) and plaque maturity score (25.71%).

Conclusion: flipchart is an effective media to improve mother's behaviour.