

Stres kerja pada masinis PT. Kereta Api Indonesia daerah operasional 3 Cirebon tahun 2012 = Work stress among locomotive engineers in PT. Kereta Api Indonesia operational region 3 Cirebon year 2012

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Abstrak

Masinis bekerja pada lingkungan dengan bahaya fisik dan psikologis yang cukup signifikan untuk menyebabkan stres. Penelitian ini bertujuan untuk mengidentifikasi dan menggali pengalaman stres yang dialami serta faktor-faktor penyebab stres kerja pada masinis kereta api di Daerah Operasional 3 Cirebon. Penelitian ini merupakan penelitian kualitatif yang dilakukan dengan metode wawancara mendalam. Triangulasi sumber dan metode dilakukan dalam penelitian ini untuk mempertahankan objektivitas data. Informan dalam penelitian ini adalah 10 orang masinis, manajer unit usaha kesehatan, kepala UPT kru masinis serta petugas medis pengecekan kru kereta api. Hasil penelitian menunjukkan bahwa stres pada masinis disebabkan karena bahaya pekerjaan berupa risiko kecelakaan/cidera, bising serta asap, konteks pekerjaan berupa tanggung jawab dan konten pekerjaan berupa beban kerja.

.....Locomotive engineers work in the environment that has physical and psychological hazard which may cause work stress significantly. The aim of this study is to identify and to explore locomotive engineer's experience regarding work stress and factors that may cause work stress in PT. Kereta Api Indonesia Operational Region 3 Cirebon. This research is a qualitative research using in depth interview as a method to collect the data. Triangulation sources and method are conducted to keep the objectivity. Interviews were conducted with 10 locomotive engineers, manager of health care center, head of locomotive crew and medical worker of railway crew. The result of this study shows that work stress on locomotive engineers caused by work hazard such as risk of accident or injury, noise and smoke from the operation of locomotive, context of work such as responsibility and content of work such as workload.