

Gambaran tentang pengetahuan, sikap, dan praktik dalam konsumsi buah dan sayur pada siswa kelas 4 di SDN 04 Ciangsana Kabupaten Bogor tahun 2012 = Overview about knowledge, attitudes, and practices in fruit and vegetable consumption in 4th Grade Students at SDN 04 Ciangsana District of Bogor Year 2012

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Abstrak

Skripsi ini membahas mengenai gambaran tentang pengetahuan, sikap, dan praktik dalam konsumsi buah dan sayur pada siswa kelas 4 di SDN 04 Ciangsana Tahun 2012. Jenis penelitian ini adalah kuantitatif deskriptif dengan desain non eksperimental, sampel penelitian ini berjumlah 65 siswa. Dari hasil pengolahan data diketahui pola konsumsi buah dan sayur responden masih rendah. Selain itu, diketahui faktor yang memiliki hubungan signifikan dengan konsumsi buah dan sayur yaitu pengetahuan, latar belakang etnis ibu, uang saku responden, dan dukungan eksternal. Diharapkan pihak sekolah, Puskesmas, dan Dinas terkait UKS dapat meningkatkan kerjasama dalam mengembangkan program promosi kesehatan di sekolah.

.....This research discusses the description about knowledge, attitudes, and practices In fruit and vegetable Consumption in 4th grade students at SDN 04 Ciangsana District of Bogor Year 2012. The type of this research is descriptive quantitative with non-experimental design, sample of this research were 65 students. From the results of the data processing is known consumption pattern of fruits and vegetables are low. It is also known that there are several factors that have significant associations observed with the consumption pattern of fruits and vegetables, there are the knowledge of respondents, respondent's mother's ethnicity background, pocket money respondents, and external support. It is hoped the school, the health center, and UKS-related agencies can enhance cooperation in developing health promotion programs in schools.