

Pengaruh pemberian madu terhadap penurunan skor nyeri akibat tindakan invasif pengambilan darah intra vena pada anak di ruang UGD RSUD Kota Cirebon

Ayu Yuliani Sekriptini, author

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Abstrak

Pengambilan darah intravena dapat menimbulkan nyeri dan traumatik pada anak. Penelitian ini bertujuan untuk mengidentifikasi pengaruh madu terhadap skor nyeri anak saat pengambilan darah. Desain penelitian ini adalah kuasi eksperimen. Sampel diambil dengan consecutive sampling, terdiri dari kelompok intervensi yang mendapatkan madu per oral (34 responden) dan kelompok kontrol mendapatkan plasebo (34 responden) usia responden 1-6 tahun. Skor nyeri dievaluasi dengan Children's Hospital of Eastern Ontario Pain Scale (CHEOPS). Hasil analisis menunjukkan terdapat perbedaan bermakna rata-rata skor nyeri anak pada kelompok madu dan kelompok plasebo ($p=0,001$). Peneliti menyimpulkan pemberian madu per oral dapat menurunkan skor nyeri pada anak saat pengambilan darah intravena.

.....The intravenous blood taken can cause pains and be traumatic for child. This research has the aims to identify The influence of giving honey decreasing on the score of pain. The design of this research is quasi experiment. Samples were taken by consecutive sampling which consists of the intervened group who obtained honey per oral (34 respondents) and controlled group obtained plasebo (34 respondents) kelompok. The score of pains are evaluated with Children's Hospital of Eastern Ontario Pain Scale (CHEOPS) respondents aged 1-6 years. The result of analysis shows there is a significant difference on the average score of pains between the intervened and controlled group ($p=0,001$). The researcher concluded that the giving of honey per oral can decrease the score of pains on child when the intravena blood taken.

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