

## Analisa Implementasi SOP Asuhan Keperawatan Anak dengan Diare oleh Perawat di Ruang Rawat RS. Rawa Lumbu = Analysis of Children with Diarrhea Nursing are by Nurses in Rawa Lumbu Hospital Treatment Room

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### Abstrak

Latar belakang Pelayanan kesehatan yang bermutu merupakan salah satu kebutuhan dasar bagi semua masyarakat. Masyarakat menuntut layanan yang lebih baik, yaitu suatu layanan yang tidak hanya semata mendapatkan pemeriksaan fisik, tetapi juga suatu layanan yang ramah, berkesinambungan dapat diterima dan wajar serta bermutu. Pengukuran mutu layanan dapat dilakukan secara subyektif maupun secara obyektif. Pengukuran secara obyektif adalah pengukuran terhadap profesionalisme pelayanan seperti Standard Operating Procedures. Standard Operating Procedures adalah suatu perangkat instruksi langkah-langkah yang dibakukan untuk menyelesaikan suatu proses kerja rutin tertentu. Kasus diare merupakan kasus yang paling sering dijumpai di rumah sakit. Penatalaksanaan kasus diare pada anak sangat penting, karena kesalahan pada penanganan, dimana konsentrasi terhadap kebutuhan keseimbangan cairan dan elektrolit dapat berakibat fatal yaitu kematian. Dalam pengawasan pasien ini perawat dalam menjalankan tugasnya dituntut untuk dapat menjalankan SOP yang telah dibuat dan ditetapkan oleh rumah sakit penyedia jasa layanan kesehatan.

Tujuan: Penelitian yang penulis lakukan bertujuan untuk menjawab pertanyaan mengenai bagaimana gambaran serta apakah ada monitoring dan evaluasi pelaksanaan SOP asuhan keperawatan anak dengan diare oleh perawat di ruang rawat Rumah Sakit Rawa Lumbu.

Metode penelitian: Rancangan penelitian ini adalah kualitatif dan kuantitatif dengan menganalisa data secara retrospektif dan dengan melakukan metode wawancara serta Focus Group Discussion terhadap perawat pelaksana, kepala unit ruangan, kepala bidang perawat dan dokter spesialis anak Rumah Sakit Rawa Lumbu.

Hasil penelitian: Semua responden mengetahui adanya SOP diare pada anak dan mereka mengemphasi bahwa sebagian perawat tidak menjalankan SOP tersebut, hal tersebut terjadi dikarenakan perbandingan jumlah perawat dan jumlah tempat tidur tidak seimbang. Sementara itu monitoring dan evaluasi terhadap SOP belum pernah dilakukan.

Kesimpulan: SOP asuhan keperawatan diare pada anak saat ini sudah baik, tetapi perawat ada sebagian yang belum memahami SOP tersebut dan belum secara lengkap menempatkan SOP asuhan keperawatan diare pada anak dikarenakan beban kerja perawat yang tinggi. Hal tersebut disebabkan antara lain adalah tidak tersedianya alat penunjang kegiatan pelaksanaan SOP juga tidak seimbangnya perbandingan jumlah perawat dan jumlah tempat tidur.

**Background:** High quality health services were one of the basic needs in all communities.

Community was urging for better services, services which do not only comprising of physical diagnosis, but also kind, continual, acceptable, appropriate and high quality services. Assessment of services quality could be done by either subjective or objective ways. Objective assessment was assessment of services professionalism such as Standard Operating Procedures (SOP). SOP is an instruction or steps protocol that

has to be standardized in order to finish some routine work process. Diarrhea cases were ease which very probable to found in hospital. Management of diarrhea cases in children is very important, because of error in handling, such as in the concentration of electrolyte and fluid balance needs, could causing final consequences, in the end was death. When watching these patients, nurses who doing these jobs were urged to do SOP that have been made and signed by the hospital which supplying health services.

Aim: Study which writer done was aimed to answer quwtions about how is the description and is there any monitoring and evaluation of children with diarrhea nursing care SOP implementation by nurses in Rawa Lumbu Hospital treatment room.

Researching method: this study was designed using qualitative and quantitative method by analyzing data retrospectively and by doing interview method and Focus Group Discussion with practitioner nurses, head of the room unit, and podiatrist ofllawa Lumbu Hospital.

Result of the study: All respondents knew the existence of diarrhea in children SOP and they knew that some nurses were not implementing the SOP caused by comparison of nurses and beds amount was unbalanced. In the other hand, monitoring and evaluation of SOP were never being done before.

Conclusion: Diarrhea in children nursing care SOP were good these time, but there were some nurses who have not understand these SOP and have not completely implementing the Diarrhea in children nursing care SOP because of nurse's high workloads. This could be caused by such thing as instrument of the SOP implementation were not provided and the unbalanced number of comparison between nurses and beds amount.</i>