

No death, no fear : kebijaksanaan menyejukkan untuk kehidupan /  
Thich Nhat Hanh ; pengalih bahasa: Syelli ; penyunting: Dion Pare

Nhat Hanh, Thich

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Abstrak

The Buddha understood that birth and death are not real. The fact that we think they are true makes a powerful illusion that causes all our suffering. The Buddha taught there is no birth, no death, no permanent self, no annihilation.