

## Gambaran pengetahuan dan perilaku mencari pelayanan kesehatan pada pasien kanker payudara di Rumah Sakit Kanker Dharmais = An overview of the breast cancer patients knowledge and health care seeking behavior at Dharmais Cancer Hospital

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### Abstrak

Kanker payudara banyak diderita perempuan. Penelitian ini bertujuan menggambarkan pengetahuan dan perilaku mencari pelayanan kesehatan pasien kanker payudara dengan desain penelitian deskriptif sederhana. Responden berjumlah 80 orang secara non probability convenience sampling. Mayoritas responden berpengetahuan baik tentang pengetahuan umum, faktor risiko, tanda gejala, skrining serta perawatan, sedangkan mengenai pengobatan masih kurang. Respon awal saat menyadari perubahan payudara diantaranya tidak bertindak, bercerita, mencari pelayanan kesehatan, melakukan pengobatan alternatif, dan herbal. Keterlambatan pemeriksaan dialami sebagian besar responden. Suami menjadi pilihan terbanyak saat diskusi awal. Dokter bedah dan fasilitas kesehatan pemerintah menjadi pilihan terbanyak saat pemeriksaan awal. Perawat perlu meningkatkan edukasi kanker payudara pada perempuan dan pasien kanker payudara.

*Breast cancer occurs to many women. This study aimed to describe the knowledge and health care seeking behavior of breast cancer patients with simple descriptive research design. The respondents were 80 who are chosen by non probability convenience sampling. Majority of respondents have good knowledge about the general knowledge, the risk factors, the signs and symptoms, the screening and nursing care, but they lack about the treatment. The initial responses when there were changes in their breast included no action, telling somebody, seeking health care, getting alternative medicine and herbal. The delayed diagnosis experienced by most of the respondents. The husband became the largest selected person for the initial discussion. The surgeons and the government's health facilities were chosen by most respondents at the first examination. Nurses need to improve the education provision about breast cancer to women and the breast cancer patients.*