

Hubungan karakteristik dan kecanduan game online terhadap kemampuan pengendalian emosional pada agregat anak usia sekolah (6-12 Tahun) di Kelurahan Klender, Jakarta Timur = The relationship between characteristic and game online addiction toward emotional regulation ability of the aggregate school age children aged (6-12) in Kelurahan Klender, East Jakarta

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Abstrak

Penelitian ini dilakukan untuk mengetahui hubungan antara kecanduan game online terhadap kemampuan pengendalian emosional pada anak usia sekolah. Penelitian ini menggunakan desain penelitian cross sectional dengan melibatkan 68 anak usia sekolah yang diambil menggunakan teknik purposive sampling. Hasil penelitian menunjukkan bahwa 70% anak usia sekolah yang mengalami kecanduan game online tidak mampu untuk mengendalikan emosional. Hasil uji Chi Square menyatakan bahwa terdapat hubungan antara jenis kelamin(p1) dan kecanduan game online (p2) terhadap kemampuan pengendalian emosional (p1 value = 0,003; p2 value = 0,013; = 0,05). Selain itu didapatkan pula bahwa variabel jenis kelamin paling berpengaruh terhadap kemampuan pengendalian emosional.

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This research is conducted to find out the relationship between online games' addiction toward emotional regulation ability of school-age children. This research uses cross sectional research design which involve 68 school-age children collected through purposive sampling method. It concludes that 70% of school-age children addicted to online games are unable to control their emotion. The reporting results from the Chi Square shows that there is a relation between gender(p1) and online games' addiction(p2) toward emotional regulation ability (p1 value = 0,003; p2 value = 0,013; = 0,05). Furthermore, this research also concludes that gender variable is the most influential aspect in emotional regulation ability.