

## Gambaran konsep diri pada pasien post mastektomi di Rumah Sakit Kanker Dharmais Jakarta = Overview of the concept of self in post mastectomy patients in Dharmais Cancer Hospital Jakarta

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### Abstrak

Kanker merupakan suatu kondisi dimana sel telah kehilangan pengendalian dan pertumbuhan normal. Mastektomi tidak hanya meninggalkan bekas secara fisik, namun juga terhadap psikologis pasien yaitu menurunkan perasaan bangga sebagai wanita. Penelitian deskriptif ini bertujuan untuk mengetahui gambaran konsep diri pasien post mastektomi yang melibatkan 85 responden dengan teknik simple random sampling. Hasil analisis univariat menjelaskan bahwa mayoritas responden post mastektomi memiliki konsep diri yang positif (55,3%). Pasien post mastektomi perlu diberikan konseling serta perilaku caring, sehingga pasien dapat menerima perubahan dalam dirinya dengan konsep diri yang positif.

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