

Hubungan antara work family conflict selfefficacy dan marital satisfaction pada ibu dewasa muda yang bekerja = The relationship between work family conflict self efficacy and marital satisfaction at young adulthood working mothers

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Abstrak

Salah satu hal yang mempengaruhi marital satisfaction adalah work family conflict. Keberhasilan seseorang dalam mengatasi work family conflict bergantung pada work family conflict self-efficacy. Penelitian ini bertujuan untuk mengetahui hubungan antara work family conflict self-efficacy dan marital satisfaction dengan menggunakan metode kuantitatif dan korelasional.

Alat ukur yang digunakan pada penelitian ini adalah Work Family Conflict Self-Efficacy Scale (WFC-SES) untuk mengukur work family conflict self-efficacy dan Couples Satisfaction Index (CSI) untuk mengukur marital satisfaction.

Hasil analisis data yang diperoleh dari 60 responden menunjukkan koefisien korelasi 0,1 yang artinya tidak ada hubungan yang signifikan antara work family conflict self-efficacy dan marital satisfaction.

One of the factors that influence marital satisfaction is work family conflict. People who success to solve their work family conflict is depended on work family conflict self-efficacy. The purpose of this research is to find correlation between work family conflict self-efficacy and marital satisfaction by using quantitative and correlational methods.

Work family conflict self-efficacy are measured by Work Family Conflict Self-Efficacy Scale (WFC-SES) and marital satisfaction are measured by Couples Satisfaction Index (CSI).

The result from 60 subjects show that there is no significant correlation between work family conflict self-efficacy and marital satisfaction with coefficient correlation 0,1.