

## Pengaruh kepercayaan terhadap kepuasan hubungan pacaran jarak jauh pada dewasa muda = The effect of trust towards satisfaction in long distance dating relationships among young adults

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### Abstrak

Penelitian ini dilakukan untuk mendapatkan gambaran mengenai pengaruh kepercayaan terhadap kepuasan hubungan pacaran jarak jauh pada dewasa muda. Pengukuran kepercayaan menggunakan alat ukur trust scale (Rempel, Holmes, dan Zanna, 1985) dan pengukuran kepuasan hubungan menggunakan alat ukur Relationship Assessment Scale (Hendrick, 1988). Partisipan berjumlah 60 dewasa muda yang menjalani pacaran jarak jauh antar negara.

Hasil penelitian ini menunjukkan terdapat pengaruh kepercayaan yang signifikan terhadap kepuasan hubungan pacaran jarak jauh pada dewasa muda ( $r^2 = 0.396$ ;  $p = 0.000$ , signifikan pada L.o.S 0.01). Artinya, peningkatan kepercayaan akan menyebabkan peningkatan kepuasan hubungan pacaran jarak jauh pada dewasa muda.

.....This research was conducted to find the effect of trust towards satisfaction in long distance dating relationships among young adults. Trust was measured using trust scale (Rempel, Holmes, dan Zanna, 1985) and relationship satisfaction was measured using Relationship Assessment Scale (Hendrick, 1988). The participants of this research are 60 young adults in long distance dating relationship across countries. The main results of this research show that trust significantly effect towards satisfaction in long distance dating relationships among young adults ( $r^2 = 0.369$ ;  $p = 0.000$ , significant at L.o.S 0.01). That is, increased trust in one's partner, will lead to increased satisfaction in long distance dating relationships among young adults.