

## Hubungan antara self disclosure dan self esteem pada Mahasiswa Psikologi program sarjana = The relationship between self disclosure and self esteem among Psychology undergraduate students

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### Abstrak

Penelitian ini dilakukan untuk mengetahui Hubungan antara Self-Disclosure dan Self-Esteem pada Mahasiswa Psikologi Program Sarjana. Pengukuran self-disclosure menggunakan alat ukur Jourard Self-Disclosure Questionnaire yang dikembangkan oleh Jourard pada tahun 1958 dan pengukuran self-esteem menggunakan alat ukur Rosenberg Self-Esteem Scale yang dikembangkan oleh Rosenberg pada tahun 1965. Partisipan dalam penelitian ini berjumlah 177 mahasiswa jenjang sarjana Fakultas Psikologi Universitas Indonesia angkatan 2009, 2010, 2011, dan 2012. Hasil penelitian ini menunjukkan tidak terdapat hubungan yang signifikan antara self-disclosure dan self-esteem pada mahasiswa psikologi program sarjana [ $r = -0.015$ ,  $p > 0.05$ , two-tailed].

.....This research is conducted to find the relationship between selfdisclosure and self-esteem among psychology undergraduate students. In this research, self-disclosure is measured using a modification instrument named Jourard Self-Disclosure Questionnaire that originally constructed by Jourard at 1958 and self-esteem is measured using a modification instrument named Rosenberg Self-Esteem that originally constructed by Rosenberg at 1965. The participants of this research are 177 psychology undergraduate students University of Indonesia from years 2009, 2010, 2011, dan 2012. The main results of this research show that no correlation significantly between self-disclosure and self-esteem among psychology undergraduate students [ $r = -0.015$ ,  $p > 0.05$ , two-tailed].