

Gambaran tingkat kecemasan keluarga pasien di Ruang ICU Rumah Sakit Umum Daerah Cibinong = Description of family s level of anxiety in Intensive Care Unit District Hospital of Cibinong

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Abstrak

Kecemasan merupakan pengalaman manusia yang universal akibat ketidakpastian dan ketidakberdayaan perasaan yang bersumber dari pikiran yang tidak jelas dan tidak teridentifikasi. Kecemasan dimanifestasikan dengan respon fisiologis, afektif, perilaku, dan kognitif. Tujuan penelitian mengetahui tingkat kecemasan keluarga pasien di ruang ICU. Desain penelitian menggunakan deskriptif dengan jumlah sampel penelitian 36 responden.

Hasil penelitian tingkat kecemasan keluarga pasien di ruang ICU RSUD Cibinong termasuk sedang (77,8%). Respon keluarga dalam menghadapi anggota keluarganya di ruang ICU masih dalam rentang adaptif. Perawat perlu menggunakan komunikasi terapeutik untuk menurunkan tingkat kecemasan keluarga pasien di ICU.

.....Anxiety is a universal experience due to the feeling of uncertainty and helplessness that comes from thoughts that cannot identified clearly. Anxiety is manifested by physiological, cognitive, affective, and behavioral responses. This study aimed to determine the level of anxiety in the family who's their family member was cared in the ICU. Research design was simple descriptive and total sample was 36 respondents.

The results showed that the level of anxiety in the family of patient's cared in Intensive Care Unit, District Hospital of Cibinong was moderate (77.8%). The family also responded in the range of adaptive behavior during the care of their family member in the ICU. Nurses need to use therapeutic communication to decrease the anxiety level of family of patients cared in the ICU.