

Gambaran tingkat stres kerja perawat di unit perawatan intensif neonatal dan pediatrik RSUPN Dr Cipto Mangunkusumo = Description of stress levels of nurse in the neonatal intensive care unit and pediatric RSUPN Dr Cipro Mangunkusumo

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Abstrak

Unit perawatan intensif menjadi tempat kerja yang dapat menyebabkan stres kerja bagi perawat. Tujuan penelitian adalah mengetahui gambaran tingkat stres kerja perawat di Unit Perawatan Intensif Neonatal dan Pediatrik RSUPN Dr Cipto Mangunkusumo. Penelitian dilakukan secara cross sectional dengan desain deskriptif sederhana pada 75 perawat.

Hasil penelitian memperoleh sebagian besar responden mengalami tingkat stres sedang yang didominasi perawat perempuan (75,7%), perawat yang telah menikah (73,6%), tingkat pendidikan diploma (76,6%), status kepegawaian PNS (81,6%) dan mayoritas gaji responden antara Rp 3.000.000- Rp 4.000.000.

Program untuk menurunkan tingkat stres perawat diperlukan agar perawatan kepada pasien menjadi optimal.

.....Intensive care unit is workplace that can lead to job stress for nurses. The research aim is to determine the stress level overview of nurses working in the Neonatal Intensive Care Unit and Pediatric RSUPN Dr Cipto Mangunkusumo. The study was conducted by cross sectional with a simple descriptive design to 75 nurses.

The results showed the majority of respondents experienced stress levels are predominantly female nurses (75.7%), nurses who have been married (73.6%), level of education diploma (76.6%), employment status of civil servants (81.6%) and the majority of respondents salary between Rp 3,000,000 to Rp 4,000,000. The program is to reduce the stress level required nursing care to patients in order to be optimal.