

Proses pemulihan biopsikososial terhadap pekerja migran perempuan korban tindak kekerasan : studi deskriptif pada rumah perlindungan dan trauma center Bambu Apus = Bio-psycho-social recovery process for the women migrant workers that have experienced the acts of violence : descriptive analytic study in home protection and trauma center Bambu Apus / Meta Permanasari

Meta Permanasari, author

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Abstrak

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Banyaknya pekerja migran perempuan yang menjadi korban tindak kekerasan di Negara tempat mereka bekerja mengakibatkan pekerja migran tersebut mengalami gangguan biopsikososial. Dengan pendekatan kualitatif, tesis ini menggambarkan tentang proses pemulihan biopsikososial di Rumah Perlindungan dan Trauma Center (RPTC) terhadap pekerja migran perempuan korban tindak kekerasan serta faktor pendukung dan penghambatnya selama proses pemulihan berlangsung. Dalam pelaksanaannya, pemulihan tersebut menangani permasalahan korban dari aspek fisik/biologis, psikologis dan sosialnya yang dilakukan oleh beberapa profesi yaitu perawat, psikolog serta pekerja sosial dengan terintegrasi berdasarkan dengan tahapan-tahapan dalam intervensi sosial dari tahap engagement, assessment, planning, Implementation, Evaluation, Termination sampai ke follow up. Pemulihan Biopsikososial ini bertujuan untuk memulihkan kondisi klien kedalam kondisi normal sebelum kembali ke keluarga dan lingkungan masyarakat di daerah asalnya.

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**ABSTRACT**

Many of female migrant workers who experience the acts of violence in the country where they work has resulted bio-psycho-social disorders. With a qualitative approach, this thesis describes the bio-psycho-social rehabilitation process at Home Protection and Trauma Center (RPTC) against women migrant workers that have become the victims of violence action. In addition to that, this research also observes the barrier and its supporting factors for the recovery progress. In this regard, the recovery is to address the problems in multi-levels treatment; physical/biological, psychological and social. This treatment is performed by multi-professions, namely, nurses, psychologists and social workers respectively. It is practiced in integrated stages of social intervention, starting from engagement, assessment, planning, implementation, evaluation, termination and to enclose them with follow up(s). Bio-psycho-social rehabilitation aims to restore the normal conditions of the client's before returning to their family and

community in their original place.