

## Efektifitas intervensi perawatan terhadap kesiapan menjalankan peran menjadi ibu = Effectiveness of post partum intervention on readiness to perform maternal role

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### Abstrak

Singkatnya hari rawat inap dan belum adanya layanan kunjungan rumah mengakibatkan kurangnya kesempatan ibu belajar dan mempraktikkan tindakan perawatan bayi selama dirawat di rumah sakit. Penelitian bertujuan menganalisis kesiapan menjalankan peran menjadi ibu setelah 1 bulan post partum. Desain penelitian quasi experiment dengan pre dan post test with control group. Sampel ibu melahirkan (paritas 1-3), memiliki bayi sehat, 32 kelompok kontrol dan 29 kelompok intervensi. Data dikumpulkan melalui kuisioner modifikasi dari be coming a mother scale, mother infant relation dan mother infant bonding scale. Hasil menunjukkan ada perbedaan rerata aspek kompetensi, feeling attachment, percaya diri dan kepuasan akan dukungan setelah 30 hari post partum. Intervensi perawatan post partum melalui kunjungan rumah efektif meningkatkan pengetahuan dan kemampuan ibu merawat bayi. Perlu optimalisasi intervensi perawatan melalui kunjungan rumah untuk meningkatkan kompetensi dan rasa percaya diri ibu.

*The post partum early discharge and the lack of home visit service resulting in lack of opportunity to learn and practice the new born care. This study to analyzed the readiness to perform maternal role at one month post partum. Research is quasi experiment with pre and post test with control group. Samples were post partum women who have healthy infant, parity 1-3, 32 of control group, 29 of intervention group. Data were collected by modified quissionair from be coming a mother scale, mother infant relation and mother infant bonding scale. Result showed there were difference in mean aspect of competence, feeling attachment, confidence and maternal satisfaction with support after 30 days post partum. Post partum care intevention is an effective to enhance knowledge and maternal's ability. Optimalization of post partum care intervention by home visit to enhance competence and confidence maternal.*