

## Pengaruh pemberian pendidikan kesehatan tentang perawatan diare terhadap kemampuan ibu dalam merawat area perineal balita dengan diare di Jakarta = The impact of health education about diarrhea on mother's ability caring for child perineal area

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### Abstrak

Diare merupakan penyebab utama kematian balita di Indonesia. Kejadian diare pada balita dapat dicegah dengan pemberian pendidikan kesehatan. Penelitian ini bertujuan untuk mengidentifikasi pengaruh pendidikan kesehatan diare terhadap kemampuan ibu merawat area perineal anak balita. Desain penelitian menggunakan quasi eksperimen dengan rancangan pre tes t and post test control group. Pengambilan sampel menggunakan consecutive sampling dari 44 responden di RSUD. Budhi Asih Jakarta.

Hasil penelitian menunjukkan adanya pengaruh pendidikan kesehatan diare terhadap kemampuan ibu pengetahuan, sikap dan keterampilan kelompok intervensi ( $p < 0,05$ ) dibandingkan kelompok kontrol. Ada hubungan bermakna antara karakteristik pendidikan dan pengetahuan responden merawat anak diare.

Disarankan pendidikan kesehatan dilakukan terus menerus dan terstruktur untuk meningkatkan kemampuan keluarga merawat balita diare.

.....Diarrhea is the first cause of mortality among children in Indonesia. In fact, the incidence of diarrhea can be prevented by providing health education. The purpose of this research was to identify the impact of health education about diarrhea on mother's ability caring for child's perineal area. This research used quasi experimental design with pretest and post-test control group. Total sample was 44 respondents in District Hospital Budi Asih Jakarta and the data was collected with consecutive sampling technique.

The results found that health education showed more influence on mother's knowledge, attitude, and skill among intervention group than those of control group ( $p$  value  $< 0.05$ ). There was also a significant relationship between mother's level of education and knowledge with mother's ability caring for children experiencing diarrhea. It is suggested to provide more structured health education and simultaneously to improve the ability of family caring for diarrhea among their children.