Hubungan beban keluarga dalam merawat lansia dengan demensia di kecamatan Leihitu kabupaten Maluku Tengah = The relationships of burden family in caring elderly with dementia in district Leihitu, Central Maluku

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Abstrak

Perawatan lansia dengan demensia dapat menimbulkan dampak bagi keluarga atau caregiver yang dirasakan sebagai beban keluarga karena membutuhkan waktu yang lama dan pendampingan secara terus menerus.Tujuan penelitian mengetahui hubungan antara beban keluarga dalam merawat lansia dengan demensia di Kecamatan Leihitu Kabupaten Maluku tengah. Desain penelitan ini menggunakan cross sectional, Populasi dalam penelitian adalah keluarga yang memiliki lansia demensia dengan jumlah 247 keluarga. Alat ukur yang digunakan MMSE (Mini Mental State Examination) dan ZBI (Zarit Burden Interview). Data dianalisis menggunakan Chi Square, analisa multivariate (regresi logistik berganda). Hasil menunjukan ada hubungan antara beban keluarga baik secara psikologi, sosial, fisik dan finansial (p value= 0,000). Variabel beban keluarga yang paling berhubungan dalam perawatan lansia dengan demensia dalah beban psikologi (OR = 8,711). Penelitian ini diharapkan dapat menjadi sumber untuk menentukan program pelayanan keperawatan jiwa yang sesuai dengan kebutuhan keluarga dalam merawat lansia dengan demensia.

<hr><i>The caring of elderly with dementia might had an impact for the family or caregiver, was perceived as family burden because this needed for along times and they provided caring and assisting to the elderly continuously in a life time. The purpose of this research was to determined the relationship between of burden of caring for elderly relatives with dementia in District Leihitu, Central Maluku. The design of this research was using cross sectional. The population were families who have elderly with dementia as much as 247 families. Instruments were measured by MMSE (Mini Mental State Examination) and ZBI (Zarit Burden Interview). Data were analyzed using Chi square and multiple logistic regression. The results of this research depicted that there were relationship between burden family psychologically, socially, physically and financially (p value = 0.000). The most pertinent factor was the psychological burden (OR = 8.711). The findings of research was expected as a source to determined the suitable programme of mental health nursing care according with the family needed in caring elderly with dementia.</i>