

# Studi fenomenologi pengalaman spiritual klien gagal ginjal kronis yang menjalani hemodialisa di RSUD PKU Muhammadiyah Gombong Jawa Tengah = Phenomenological study spiritual experience of chronic kidney disease patients undergoing hemodialysis treatment in PKU Muhammadiyah Gombong Hospital Central Java

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## Abstrak

**Pendahuluan :** Klien gagal ginjal kronis yang menjalani hemodialisa mengalami banyak perubahan dalam hidupnya. Dalam proses adaptasi yang dilakukan muncul kebutuhan spiritual untuk mencari makna dalam kehidupan yang membuat mereka dapat bertahan dalam penderitaan.

**Tujuan :** memperoleh gambaran mengenai pengalaman spiritual klien gagal ginjal kronis yang menjalani hemodialisa.

**Metode :** pendekatan kualitatif fenomenologi deskriptif. Sampel penelitian sebanyak 9 partisipan diambil menggunakan purposive sampling. Metode pengumpulan data menggunakan indepth interview. Analisa data menggunakan metode Collaizzi.

**Hasil :** penelitian mendapatkan 4 tema utama : respon yang terjadi saat awal diagnosa GGK dan harus menjalani hemodialisa, respon yang terjadi selama menjalani hemodialisa, upaya mendapatkan dukungan spiritual, upaya memaknai sakit dan merangkai ulang kejadian (reframing).

**Rekomendasi :** hasil penelitian ini diharapkan dapat menjadi data dasar bagi pengembangan asuhan keperawatan berbasis spiritual pada klien gagal ginjal kronis dengan hemodialisa.

.....**Introduction :** Chronic kidney disease patients have many changes in their life. During their adaptation process, spiritual need becomes important to make them struggle in suffering from the disease.

**Objectives :** to give overview of spiritual experience experienced by chronic kidney disease patients undergoing hemodialysis treatment in PKU Muhammadiyah Gombong Hospital Central Java.

**Methods :** this is a qualitative descriptive research using phenomenological approach. The samples consist of 9 participants taken by using purposive sampling technique. The data analysis technique is Collaizzi's method.

**Results :** 4 themes can be illustrated in the study results : responses happened at the first time they were diagnosed as chronic kidney diseases and hemodialysis patients, responses happened during their hemodialysis process, effort of looking for spiritual sources and effort of looking for the meaning of being sick and reframing.

**Recommendation :** The results of this study can be used to improve the holistic nursing process implementation based on spiritual needs for chronic kidney disease patients undergoing hemodialysis treatment.