

Pengaruh stimulasi murottal Al-Qur'an terhadap tingkat kesadaran kuantitatif pada pasien stroke hemoragik = The influence of murottal Al-Qur'an on quantitative level of consciousness on hemorrhagic stroke patient / Safri

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Abstrak

ABSTRAK

Stroke merupakan masalah utama di seluruh dunia. Stroke dapat menyebabkan kelumpuhan, penurunan kesadaran dan kematian. Tujuan penelitian untuk mengetahui pengaruh stimulasi murottal Al-Qur'an terhadap peningkatan kesadaran pasien stroke hemoragik. Desain penelitian adalah pre and post test non equivalent control group design. Sampel 15 pasien stroke hemoragik diambil secara consecutive sampling. Kelompok intervensi mendapatkan stimulasi murottal Al-Quran 30 menit sehari selama 5 hari. Penilaian tingkat kesadaran dilakukan di hari pertama dan ketujuh. Hasil penelitian adalah terdapat perbedaan nilai kesadaran kuantitatif yang bermakna sebelum dan setelah intervensi ($p = 0,000$). Terdapat perbedaan peningkatan nilai kesadaran kuantitatif yang bermakna antara kelompok intervensi dan kelompok kontrol ($p = 0.046$). Stimulasi dengan memperdengarkan murottal Al-Quran mempunyai pengaruh positif dalam meningkatkan kesadaran pasien stroke hemoragik, sehingga direkomendasikan untuk diperdengarkan pada pasien stroke hemoragik yang mengalami penurunan kesadaran.

ABSTRACT

Stroke is one of the serious problems in the world. Stroke can cause paralysis, decrease level of consciousness and death. The purpose of study this study is to determine the influence of Murottal Al-Qur'an stimulation on quantitative level of consciousness on hemorrhagic stroke patient. This is quasi experiment study using pre and post test non equivalent control group design. Sample of 15 hemorrhagic stroke patient recruited using consecutive sampling method. Respondent in intervention group received Murottal Al-Quran stimulation in 30 minutes/day for 5 days. The level of consciousness were measured on day 1 and day 7 hospitalization. The result shows significant different on level of consciousness before and after Murottal Al-Qur'an intervention ($p = 0,000$), and significant different between intervention and control groups ($p = 0.046$). Murottal Al-Qur'an stimulation gave positive influence in increasing level of consciousness on Hemorrhagic Stroke Patient. This study recommends to give of Murottal Al-Qur'an stimulation to hemorrhagic stroke patient to improve level of consciousness